

**B.S.D.T.'S AYURVED MAHAVIDYALAYA,  
WAGHOLI, PUNE.**

**Raktamokshan Shibir/Campaign**

**Organized by Panchakarma  
Department**

**REPORT**

**22/12/2022 to 22/01/2023**

**B.S.D.T.'S AYURVED MAHAVIDYALAYA,  
WAGHOLI, PUNE.**

**DEPARTMENT OF PANCHAKARMA**

**Activity Year-** 2022 to 2023

**Date –** 22/12/2022 to 12/01/2023

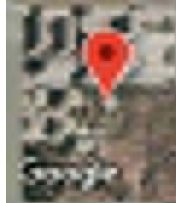
<b>Name of the Activity</b>	Raktamokshan Shibir/Campaign
<b>Name of the activity coordinator</b>	Dr.Prashant Amrutakar Dr. Yogita Sarode
<b>Participants</b>	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> , 4 <sup>th</sup> B.A.M.S. students, teaching and non teaching staff and Patients
<b>Place of Activity</b>	Panchakarma Hospital
<b>No. of Patients</b>	20 Patients
<b>Objective of the Activity</b>	<ol style="list-style-type: none"><li>1. To educate the students of the practical aspect of Raktamokshan.</li><li>2. To elaborate on Raktamokshan vidhi</li><li>3. To demonstrate the various aspects and benefits of Raktamokshan in diseases.</li></ol> It: <ol style="list-style-type: none"><li>a. Relieves arthritis pain</li><li>b. Treats sciatica</li></ol>

	<p>c. Cures hemorrhoids</p> <p>d. Treats cardiovascular diseases</p> <p>e. Useful for skin disorders like psoriasis, eczema, etc.</p> <p>f. Reduces varicose vein</p>
<p><b>Outcome of the Activity</b></p>	<ul style="list-style-type: none"> <li>▪ After the Campaign, students could conduct Raktamokshan vidhi independently.</li> <li>▪ Patients got relief immediately from pain.</li> <li>▪ Successfully demonstrated Raktamokshan in various diseases like varicose veins , skin diseases- Psoriasis, Eczema Arthritis Pain, Sciatica, etc. to the students.</li> </ul>





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